

2025 Mentor Updates

New! Weekly Mentor
Check-In Form

Can be found on Mentor Central
(Please replace the link to the old Form
with the new link)

Weekly Mentor Check-In Form needs to be completed WEEKLY!



To briefly capture more of
the goodness you are doing...

We have added a few new sections to the Weekly Mentor Check-In Form: Share a Goose Bump Story and a mentee quote for the month. Have you participated in trainings, read a useful mentor article, listened to a podcast, read the Tuesday Tidbits, or done something to help you grow as a mentor? Are you doing things to take care of yourself? Please share these with us!

When do I report?

- Reporting week- Saturday through Friday
- Form due by end of day on Friday
- Directly after a MeetUp with your mentee! (For accuracy)
- If you have communicated (text, letter/card, FaceTime, Snapchat etc.) **or attempted** to communicate with your mentee (only complete one Form per week.)
- At end of week **even if** you have not communicated or attempted to communicate with your mentee for various reasons, please complete a report by end of day Friday.



How to quantify non-face-to-face communication examples?

- I sent my mentee a text but she didn't respond. You automatically qualify for 30 minutes for reporting.
- My mentee and I text throughout the week. Maybe you have spent 45 minutes of your week texting back and forth, finding answers for a question etc. Then you would select 60 minutes of time for the week, reporting by the end of the day Friday.
- I sent my mentee a card/letter. Think of the time you spent to purchase a card, buy stamp, & wrote letter may equal 60 minutes of your time. Then report 60 minutes,

Use your best judgment on amount of time you spent during the week. If you have attempted to communicate, you qualify for 30 minutes of volunteer time! Volunteer time is calculated in 30 minute increments.



